

Adil Nawaz

HSE Officer



Phone & WhatsApp: +92 3110888064,

Email: adnawaz61908@gmail.com

Permanent Address: P/O Ahmad Abad Chokara Tehsil Takhat-e- Nasrati District Karak(KPK), Pakistan.

Present Address: PO Box 40 PC 211 Oman.

F.Name: Aqal Nawaz

Status: Unmarried

DOB: 03rd Aug 2000

Gender: Male

Religion: Islam

CNIC: 14203-1723002-9

Passport No: JE9610021

Nationality: Pakistan

Driving License: LTV Pakistan (107000044951)



Profile

Good leadership skill, fast learner, well organized, good analytical thinking, commitment, adaptable, discipline, initiative, good communication and interpersonal skill and good teamwork player. My aim is to achieve the responsible position in a professional working environment. Hence I am looking forward to a dynamically growing and progressive organization where my potential and skills I have developed from my education and special training can be efficiently utilized and rewarded accordingly.



Safety International Education

Nebosh IG - (www.nebosh.org.uk) In Progress

OSHA General Industry 30Hr (06 June 2021) :(www.osha.gov)

IOSH MS - (www.iosh.com) In Progress



National Education

- ❖ **MA Economics(2022):** University of Lakki Marwat, Pakistan
- ❖ **BS Chemistry(2024):** Khushal Khan Khattak University Karak -(In Progress)
- ❖ **Pharmacy B(2024):** KP Pharmacy Council Peshawar-(In Progress)
- ❖ **B.A English (2020):** University of Lakki Marwat, Pakistan
- ❖ **DAE Civil Engineering 03 Years(2023):** KPBTE Peshawar, Pakistan
- ❖ **DIT Information Technology(2018):** KPBTE Peshawar, Pakistan
- ❖ **F.SC-Pre Engineering (2018):** BISE-Kohat , Pakistan
- ❖ **SSC –Science (2016)** BISE-Kohat , Pakistan



Experience

Company: Zealcon Engineering (PVT) Limited OGDCL NASHPA Gas Plant Karak, Pakistan

Designation: HSE Officer

Duration: June, 2020 to Feb, 2024

HSE Officer Duties and Responsibilities

- *Conduct or Supervise On-Site Safety Training.*
- *Investigate Accidents and Incidents as necessary.*
- *Purchase PPE and Safety Supplies as necessary.*
- *Have Authority to make spot corrections or Stop Work for Safety purposes.*
- *Conduct and Attend weekly employee Safety Meetings.*
- *Generate and/or Sign ENG Form Mentioned 3394 when required.*
- *Supervising Safety Policy with Safety procedures*
- *Conducting Activity Hazard Analysis to Site Personnel as required*
- *Monitor Project Activities in terms of Safety*
- *Investigating/recording incidents, accidents, complaints and cases of ill health*
- *Undertaking risk assessments and site inspections*
- *Ensuring that equipment is installed correctly/safely*
- *Identifying potential hazards*
- *Determining ways of reducing risks*
- *Writing internal health and safety policies/strategies*
- *Drawing-up safe operational practices and making necessary changes*
- *Writing reports, bulletins and newsletters*
- *Making presentations to groups of employees/managers*
- *Providing health and safety meetings and training courses for employees*
- *Liaising with relevant authorities*
- *Daily Safety & Deficiency Report*
- *Investigate accidents or incidents to discover causes and handle worker's compensation claims*
- *Recommend solutions to issues, improvement opportunities or new prevention measures*
- *Report on health and safety awareness, issues and statistics*

Company: *RD Construction Company, OMAN*

Designation: *HSE Officer*

Duration: *Sep, 2024 to be Continue*

HSE Officer Duties and Responsibilities

- *Writing reports, bulletins and newsletters*
 - *Writing internal health and safety policies/strategies*
 - *Undertaking risk assessments and site inspections*
 - *Supervising Safety Policy with Safety procedures*
 - *Report on health and safety awareness, issues and statistics*
 - *Recommend solutions to issues, improvement opportunities or new prevention measures*
 - *Purchase PPE and Safety Supplies as necessary.*
 - *Providing health and safety meetings and training courses for employees*
 - *Monitor Project Activities in terms of Safety*
 - *Making presentations to groups of employees/managers*
 - *Liaising with relevant authorities*
 - *Investigating/recording incidents, accidents, complaints and cases of ill health*
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 - *Ensuring that equipment is installed correctly/safely*
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- *Drawing-up safe operational practices and making necessary changes*
 - *Determining ways of reducing risks*
 - *Daily Safety & Deficiency Report*
 - *Conducting Activity Hazard Analysis to Site Personnel as required*
 - *Conduct or Supervise On-Site Safety Training.*
 - *Conduct and Attend weekly employee Safety Meetings.*



Skills

Programming's:

Ms. Word, Ms. PowerPoint, Ms. Excel & Email Etc.

Languages

Pushto-Excellent

Urdu- Excellent

English-Excellent

Arabic- Good

All I get from academic and experiences. However, all support from motivation and academic capacity, I'm sure that i can work with full of dedication and liaison.

Sincerely yours,

Adil Nawaz
HSE Officer
RD